



## Contemporary Coach Education for Teachers

SUMMER 2017 – AUTUMN 2017

ATHLETICS BADMINTON CRICKET DANCE GYMNASTICS HOCKEY  
LACROSSE NETBALL PE ROUNDERS RUGBY SEMINARS  
SOCCER SWIMMING TENNIS TRAMPOLINING WATER POLO

## WELCOME

The principal factor which determines whether pupils have a positive experience of school sport is the quality of the teaching and coaching they encounter. All research suggests that this is far more significant than facilities or school type. We therefore seek to provide courses which allow teachers to be at their best, and to confidently present lessons that inspire students to embrace sport and healthy, active lifestyles. Leading presenters will adapt the most contemporary content to make it applicable to schools and teachers.

Some school sports activities carry a higher level of potential risk, which lead school authorities to require Governing Body qualifications to ensure safe practice. We are pleased to be collaborating with British Gymnastics, RFU and English Lacrosse to provide these courses in the most convenient format for teachers, to enable them to be confident that they conform to industry safety standards.

High performance is an important dimension of school sports provision. Significant time, energy and resources are expended aiming to improve players and teams in pursuit of excellence and competitive success. We aim to support this ambition by providing access to the world's leading coaches and players to stimulate coaching standards.

We hope to have included development opportunities for all teachers and coaches, whatever their current interest profile and skill set. Ultimately, it is teacher quality and confidence that will ensure student engagement and progress. If you don't find what you are looking for, please let us know.

**Helen Oliver**  
Events Director

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## SIGN UP FOR A FREE PROFESSIONAL NEWSLETTER

The ICE Newsletter is published fortnightly in term time, and is delivered to nearly 14,000 sports teachers and coaches.

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WE ARE PLEASED TO BE WORKING IN ASSOCIATION WITH THE FOLLOWING PARTNERS



## ATHLETICS

### School Athletics Masterclass

WITH DEAN MACEY

Track and Field Athletics features in the PE curriculum of most schools, and yet is identified by Inspectors as one of the most poorly taught activities. Lessons and coaching sessions can be slow moving and progress limited. Dean Macey, one of Britain's all-time greatest Decathletes, shows how teachers can make these activities exciting, stimulating and challenging. He also illustrates how effective coaching can significantly improve student progress and competitive performances.

His unrivalled expertise, entertaining delivery and breath-taking demonstrations make this a day to remember. This course is suitable for teachers and coaches of all levels of expertise, as well as those delivering the Athletics modules at GCSE and A Level.

- Warm up activities for young athletes
- Improving sprinting technique
- Sprint start
- Teaching hurdle technique
- High Jump/Long Jump/Triple Jump
- Developing throws: Shot, Discus, Javelin
- Analysing technique and diagnosis
- Fault identification and correction
- Coaching for individual improvement
- Officiating schools competitions



#### Dean Macey

Dean Macey was England's leading decathlete for a decade. His first major triumph was a silver medal at the 1999 World Championships, which helped him win BBC Young Sports Personality of the Year. The following year he was fourth in the Sydney Olympics, and followed that with a World Championships Bronze Medal in 2001. He was again fourth in the Athens Olympics, before winning a Gold Medal in the 2006 Commonwealth Games in Melbourne. He has a personal best of 8603 points.



#### DATES & VENUES

FRIDAY 12 MAY	Lee Valley Athletics Centre, North London
FRIDAY 26 MAY	Sevenoaks School, Kent
WEDNESDAY 12 JULY	Tilsley Park, Oxfordshire

#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Course runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## ROUNDERS

### Rounders Coaching and Teaching in Schools

Rounders is still a game taught in most schools, and which has an enduring popularity with many girls. Despite this, it is often difficult to engage all pupils, provide success and ensure progress. This course provides everything that teachers need to deliver fast moving and contemporary sessions in both curriculum classes and team practices. It aims to help them improve the performance of players individually, and in competition. The course also explains the Rules and resolves confusion of how they are applied in school matches.

- Umpiring and scoring a school match
- Fielding techniques and practices
- Roll of the backstop
- Specialist fielding positions
- Bowling with variety and pace
- Batting strokes and ball placement
- Tactical development, preparing teams for match play
- Rules of game and their application in school matches

#### DATES & VENUES

FRIDAY 5 MAY Surrey Sports Park

#### CAROLINE PARK

Caroline Park was the Head Coach of the England Senior Rounders team, and in charge of the training of national coaches at all age groups.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Course runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



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## TENNIS



### Teaching and Coaching School Tennis

WITH MARK MAGRATH

Tennis coaching in schools has changed significantly in recent years. Techniques are more adaptable and practices more imaginative. Doubles tactics have become more strategic. This course is suitable for teachers with some experience of delivering Tennis sessions, who wish to embrace new approaches to enliven sessions and improve student performance. It will provide details of modern techniques, imaginative practices with limited courts and doubles tactics for school teams.

- Modern tennis techniques for school Tennis
- Practices, drills and games to improve performance
- Effective teaching of the serve
- Class teaching: practices for larger groups
- Games for tennis training
- Coaching team players: more advanced techniques for improving players
- Tactics and strategies for doubles play

#### DATES & VENUES

THURSDAY 4 MAY	Sutton Tennis Academy, Surrey
THURSDAY 25 MAY	King's Park Tennis Centre, Northamptonshire

#### MARK MAGRATH

Mark was a former ATP player and has been a professional tennis coach for 19 years: He is now an LTA Master Coach. Currently Head coach at the Bank of England Sports Centre and the LTA Academy, he also is a lead coach at the Wimbledon Junior Tennis Initiative.



#### PRICE & COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## CRICKET

### Improving Cricket Coaching

WITH PAUL NIXON

This is a course for teachers and coaches of school Cricket, who have some experience of the game. There has been a changed approach to the game in schools, with increased emphasis on the limited overs game, especially innings of 20-30 in length. This requires a changing approach to coaching, and an emphasis on attacking skills. Run chasing with the bat has become as important as run saving in the field. This course is suitable for teachers who wish to develop their understanding of modern techniques and coaching methods. It will explain the basic skills of the modern limited overs game, together with ways of practising them. It will also suggest imaginative ways of running net, square and fielding sessions for team practice.

- Fielding techniques and practices
- Team fielding drills
- Developing the wicket keeper
- Building the bowling action
- Creating variety in bowling
- Batting techniques and practice methods
- Drills to develop young batsmen
- Batting strategy in T20 and limited overs matches
- Imaginative net and square practices

#### DATES & VENUES

TUESDAY 9 MAY East Grinstead Sports Club, Sussex

### Introducing and Coaching Cricket to Girls

Cricket is the fastest growing summer term school game for girls. Many schools are introducing it into their programme, either alongside, or to replace, Rounders. This course shows how the game can be introduced, and developed, with girls to provide a challenging and exciting experience. Basic skills and strategies will be introduced, along with a variety of game formats suitable for use with hard and soft balls. The basic Rules and umpiring protocols are introduced, to equip teachers to umpire various types of school matches.

- Engaging beginners in Cricket
- Skill based warm ups
- Introducing batting shots
- Games and practices to develop batting
- Developing the bowling action
- Variety in bowling: swing and spin
- The role of the wicketkeeper
- Fielding techniques and games
- Understanding Cricket strategy
- Alternative formats with soft balls
- Using practice nets to good effect
- Umpiring, managing and scoring school matches
- A simple guide to the Rules of the Game

#### DATES & VENUES

MONDAY 15 MAY Bloxham School, Oxfordshire



#### Paul Nixon

Paul Nixon is currently coach of the Jamaica Tallawahs in the Caribbean Premier League. He concluded a 23-year career as a professional cricketer winning the final of the Twenty20 Cup with Leicestershire in August 2011. He played 19 One Day Internationals, including all games in the 2007 World Cup, and a T20 International against Australia. He was selected for full England tours to Pakistan and Sri Lanka. Over his career, he scored over 20,000 runs, including 21 centuries, and made over 1000 dismissals. His innovative approach to batting and run chasing brought considerable success in the one day game, leading to two seasons in the Indian Cricket League with Delhi Giants.

### Cricket Coaching and Umpiring for Beginner Coaches

DEVELOP CONFIDENCE TO PRESENT THE GAME IN AN EXCITING AND ENGAGING WAY

This is a course for teachers and coaches of Cricket, who have little experience of delivering the game. Coaches will be encouraged to present the game as an exciting and fast moving experience for pupils, especially those who are younger or of lower ability. The course provides everything that the novice coach needs to make a positive impact and to dispel the perception that Cricket is boring. It will also enable teachers to officiate confidently in school matches and practices.

- Making cricket exciting
- Active batting practices
- Fielding techniques and games
- Building the bowling action
- Bowling variety: introducing spin, swing and seam
- Developing batting shots
- Small sided games for cricket practice
- Understanding basic cricket strategy
- Imaginative net and square practices
- A simple guide to the laws of the game
- Practical umpiring in schools

#### DATES & VENUES

FRIDAY 28 APRIL Bloxham School, Oxfordshire

#### PRICE & COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## RUGBY

## Coaching Lower Ability Rugby

A SPECIALIST COURSE FOR COACHES OF SCHOOL B, C AND D TEAMS

Including Non-Contact versions of the game

British schools are the only environment in the world where participation in rugby has been largely compulsory. They therefore have a higher proportion of lower ability, and sometimes reluctant, players than any other rugby situation: these players are often coached by the least experienced teachers. This course seeks to equip these coaches with an approach that has the best chance of engaging these pupils, helping them overcome their apprehension or providing non-contact formats of the game to which these pupils are better suited. It will focus on helping children enjoy running, evading and continuity, and creating a positive attitude to the game and to rugby practice.

- Issues with a compulsory rugby experience
- Working with lower ability players
- Building confidence
- Emphasising a skill and evasion approach
- Building continuity
- Addressing the safety issues: tackle, contact and scrum
- Using rugby to develop confidence and courage
- Building a backline
- A games based approach to practice

### DATES & VENUES

TUESDAY 20 JUNE	Newbury RFC, Berkshire
FRIDAY 6 OCTOBER	Richmond RFC, Surrey

### PRICE & COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## Developing the Potential of Players and Teams WITH STUART LANCASTER

Monday, 12 June Bisham Abbey National Sports Centre, Marlow

An insight into Stuart Lancaster's style of attacking rugby. This course will reflect Stuart's approach to developing individual players into effective teams. Through video analysis and discussion, the course highlights some key concepts, both on and off the field, that are now an essential part of elite level Rugby. It will also focus on the ways in which coaches can transfer these into the school game.

- Building a coaching philosophy
- Identifying the fundamentals of great attack
- Prioritising practice time
- Using defence as the foundation for attack
- Building mental and physical toughness in players and teams
- Lessons learned from my Coaching career - the good and not so good!

### Stuart Lancaster

Stuart Lancaster became a key member of the Leinster senior coaching team in 2017. He became Head Coach of England in 2011 and led the team through four Six Nations campaigns, as well as the 2015 Rugby World Cup. He was previously RFU Head of Elite Player Development, England Saxons Coach and coached Leeds Carnegie in the Premiership.



### PRICE & MASTERCLASS INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Masterclass runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## EARLY BOOKING DISCOUNT

BOOK ANY AUTUMN TERM EVENT BEFORE THE END OF JUNE FOR A 10% DISCOUNT

Cannot be combined with other discount offers

## RUGBY



## RFU Teacher Licence: Rugby Coaching and Refereeing

### LEADING TO THE AWARD OF THE RFU COACH LICENCE

The RFU Coach Licence is the industry standard qualification for teachers coaching the game in school. All major schools' associations and insurers recommend that all teachers delivering the game should undertake National Governing Body approved training, such as this course or alternative qualifications. The course is intended to build confidence in inexperienced coaches, who are presenting the game to children from ages 12–18. No previous experience of rugby coaching is essential, but some background in the game is desirable. The course considers how the approach of the teacher can significantly influence the attitude of players and address their reservations about the safety side of the game. It will focus on core skills and familiarisation activities, through which players and coaches increase confidence and create a game based on skill and evasion that can appeal to all shapes and sizes. There is emphasis on introducing contact and scrum safely. Refereeing in front of audiences of parents is a major concern for many inexperienced rugby coaches. This course helps teachers build their own confidence, and addresses the issue of how the school referee can keep the game safe, and encourage flowing play whilst keeping parents happy.



#### COACHING

- A philosophy for coaching youth rugby
- Introducing core skills
- A skill and evasion based approach
- Creating continuity and promoting enjoyment
- Coaching the contact situation
- Learning to tackle and be tackled
- Safety first scrummaging
- Building a backline
- Games based coaching

#### REFEREEING

- Clarifying the school referee's objectives
- Enhancing the impact of communication
- The four stages of refereeing the contact area
- Managing offside
- Applying materiality
- Encouraging rugby to break out

#### DATES & VENUES

THURSDAY 8 JUNE	East Grinstead Sports Club, West Sussex
MONDAY 12 JUNE	Bloxham School, Oxfordshire
TUESDAY 27 JUNE	Newbury RFC, Berkshire
TUESDAY 11 JULY	Abingdon School, Oxfordshire
FRIDAY 6 OCTOBER	Richmond RFC, Surrey

## RFU Teacher Licence: New Rules of Play (Under 9 – Under 13)

### LEADING TO THE AWARD OF THE RFU COACH LICENCE

"New Rules of Play" are now mandatory in England at all ages from Under 9 to Under 13. This new RFU Teacher Licence course provides an approved education experience for teachers delivering the game at all levels below 15 a side. The new games demand a different skill set for players, and a changed approach to both coaching and refereeing. This course looks at how key skills and strategies can be introduced incrementally, and how the teacher referee can enhance the match experience and help spectators to contribute to this. This course aims to give school coaches the confidence that they are adopting the right approach to both development and safety, and accurately applying the new rules.



- Understanding the structure of "New Rules of Play"
- Familiarisation activities for young players
- Developing confidence and overcoming apprehension
- Building core skills
- Safety first: learning to tackle and be tackled
- Continuity skills in the new game
- Ball winning at the breakdown: differences at under 9/10/11/12
- Introducing suitable rucking skills
- The developing role of the scrum
- The importance of the backline
- Games for developing "New Rules" skills
- Refereeing school games at all age groups

#### DATES & VENUES

FRIDAY 9 JUNE	Clifton RFC, Bristol
MONDAY 19 JUNE	Surrey Sports Park, Surrey
FRIDAY 30 JUNE	Henley RFC, Warwickshire
FRIDAY 6 OCTOBER	Richmond RFC, Surrey
MONDAY 9 OCTOBER	Rugby School, Warwickshire
THURSDAY 19 OCTOBER	The Haberdashers' Aske's School for Boys, Hertfordshire

## RFU Coach Licence Scheme

Over 5000 teachers now hold the RFU Coach Licence. It is intended to be the industry standard for all coaches, and is recommended by education lawyers and many insurers. The Coach Licensing Scheme has been introduced by the RFU, as part of its plan to lead the world in coaching quality and player safety.

The Licence is different from a coaching qualification, in that it is renewed every three years. It is normally necessary to hold a Level One (or above) coaching qualification to achieve a Licence. However, the RFU is keen to recognise the different environment of schools, and the existing experience of teachers. They have therefore introduced the Education Licence, which can be achieved through attendance at a one day course.



## RFU Coach Licence courses can be run as INSET events for individual schools, or groups of schools.

Contact Erin Morrison for details  
TELEPHONE 015395 60060  
[erin@independentcoacheducation.co.uk](mailto:erin@independentcoacheducation.co.uk)



#### PRICE & COURSE INFORMATION

1 PLACE **£175**    2 PLACES **£295**    4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

Licences last three years, and are renewed subject to ongoing CPD.

Schools may also buy RFU branded kit for licensed coaches, and add their own logo to this.

Benefits of Licensing include:

- Industry standard recognition of expertise, and experience
- Demonstrates to players, parents and employers a commitment to providing the highest possible standards of coaching and safety for players
- Access to the online coaching resources at The RFU Coaching Academy – free of charge
- Entitlement to buy RFU branded kit, exclusive to Licence holders
- A credit card sized Licence, renewable every three years

## RUGBY



## Refereeing New Rules of Play

WITH STEVE LANDER

This course leads to the award of the IAPS certificate in Refereeing School Rugby

"New Rules of Play", mandatory from Under 9 to Under 13 from September 2016, have created a new challenge for school referees. It will demand new knowledge, expertise and communication from the school referee, not least to educate parents in this new game. This course acknowledges the fact that these rules will require sympathetic handling from the referee to allow the game to happen. It shows how empathy, communication and materiality can combine to apply law in a sensitive manner and create a more enjoyable occasion for all involved dealing with players, parents and coaches with confidence and credibility enables the teacher referee to increase his own enjoyment of the match occasion.

This course is suitable for teachers who have little or no experience of refereeing. It seeks to create competence and confidence to referee in the school environment. Teachers with experience of refereeing, who wish to update their knowledge to include NRoP, are recommended to consider the RFU Coach Licence for NRoP.

- Defining the success criteria for school referees
- Managing the school match occasion
- Establishing referee priorities
- The primacy of communication
- Refereeing the technical aspects for NRoP
- Managing the tackle, ruck and maul in different age groups
- Effective contact areas
- Creating structure to allow competition
- The reality of school rugby
- Making a game of it
- Coping with the one-sided game
- Refereeing what matters
- Helping parents understand and enjoy the game
- Combination of theory and practical

### DATES & VENUES

FRIDAY 30 JUNE	Oxford University RFC, Oxfordshire
FRIDAY 13 OCTOBER	Bloxham School, Oxfordshire

## Refereeing the XV a side game

WITH STEVE LANDER

This course is designed for teachers who are required to referee 15-a-side rugby from Under 14 level to senior 2nd XV. It is particularly suitable for young teachers with a background in playing the game, but limited refereeing experience. The adolescent game becomes increasingly competitive; this course recognises that enhanced power creates a challenge for the referee, and that parental passions can run high on the touchline. The course aims to provide the teacher referee with confidence to handle the contest safely.

- The perception of a good referee
- Handling school matches with confidence
- Managing an increasingly competitive environment
- Controlling the atmosphere of the game and the spectators
- Coping with increased intensity at tackle and ruck
- Safe scrummaging as the power increases
- Dealing with the lineup
- Allowing and managing a contest at the breakdown
- Keeping the game flowing and reducing the whistle
- Allowing competition without losing control
- Materiality v Advantage
- Combination of theory and practical

### DATES & VENUES

MONDAY 26 JUNE	RGS Worcester, Worcestershire
MONDAY 9 OCTOBER	Rugby School, Warwickshire

### Steve Lander

Steve was one of England's first professional referees, overseeing Premiership games from 1989–2005. He officiated 65 IRB internationals over a 10-year period, and also won a World Cup Winner's medal as Laws Advisor to the 2003 England squad. He was later in charge of referees on the IRB Sevens circuit, and currently advises and coaches emerging referees.



## National IAPS Rugby Coaching Conference

Thursday 12 October  
Abingdon School, Oxfordshire

This is the country's leading event for teachers coaching the game at prep school level. It will feature a programme of contemporary material to develop skills and understanding to deliver New Rules of Play to players of all ages and abilities. It will also provide an update on safety and other relevant issues.



Recognised as an RFU Licence CPD Event



### PRICE AND COURSE INFORMATION

1 PLACE £175    2 PLACES £295    4 PLACES £495

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## EARLY BOOKING DISCOUNT

BOOK ANY AUTUMN TERM EVENT BEFORE THE END OF JUNE FOR A 10% DISCOUNT

Cannot be combined with other discount offers

## DANCE

### Teaching School Dance

This course will provide teachers with everything they need to teach Dance to the 11-15 age range. The course will be delivered through a combination of practical and theoretical work, together with discussion activities. Specific examples of Schemes of Work will be included, alongside a toolkit for delivering high quality lessons.

This is transferable to other themes in addition to those demonstrated, providing new material for experienced teachers of Dance, and confidence for those teaching the subject for the first time.

- Approaching Dance teaching with confidence
- Stimulating pupil enthusiasm
- Facilitating creativity
- Varying the starting points
- Contemporary Dance
- Bollywood, Street Dance and other styles
- Example Schemes of Work

#### DATES & VENUES

WEDNESDAY 12 JULY **St Helen and St Katharine, Oxfordshire**

#### Elisha Peart

Elisha is a dance teacher and choreographer for the Messy Jam Dance School in Oxford which she owns. Elisha has worked with a vast range of professional artists including Kanye West, Prince, Calvin Harris, Gok Wan, Fergie, Simon Webb and many others. Elisha is trained in tap, jazz, ballet, pointe work, pas de deux, contemporary, Matt Mattox, rock 'n'roll, latin commercial, street, bashment, krumpin, freestyle disco, basic acrobatics, lyrical hip hop, drama and singing.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Course runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## NETBALL



### International Netball Coaching Masterclass

WITH TRACEY NEVILLE MBE, ENGLAND HEAD COACH

#### Applying Lessons from International Teams to School Netball

This is a course for teachers who have some experience of coaching school Netball, from Under 12 to Under 18. It is not suitable for beginners. England Head Coach, Tracey Neville, will explain the skills and strategies of the current elite game and show how these can be adapted and adopted at school level. It is an opportunity for school coaches to ensure that their teams have the most contemporary approaches, and are playing modern and effective Netball. New practices, tactics and coaching styles direct from the current England squad will give school coaches confidence that they are delivering cutting edge sessions.

- Reading the opponent
- Practices to gain individual player superiority
- Transitioning through the court
- Exploiting turnover of possession
- Creating space in attack
- Building opportunities through defensive structure

#### DATES & VENUES

THURSDAY 8 JUNE **Hertfordshire Sports Village, Hertfordshire**

THURSDAY 2 NOVEMBER **RGS Worcester, Worcestershire**

THURSDAY 9 NOVEMBER **Bloxham School, Oxfordshire**

THURSDAY 16 NOVEMBER **Thames Valley Athletics Centre, Berkshire**

#### Tracy Neville MBE

Tracey Neville is the Head Coach of England Netball. She led the team to Bronze Medal in the 2015 World Cup, and has since been in charge of the teams for series with Jamaica and the recent Quad Nations. She was previously Head Coach of Manchester Thunder, winning two Superleague titles. She made her England debut as a teenager, winning over 80 caps. This included medals in Commonwealth Games and World Cup. She was awarded the MBE for services to Netball.



### Netball Coaching and Umpiring for Beginners

Coaching and umpiring Netball for the first time can be stressful. This is a very popular course for teachers new to delivering Netball, which aims to build confidence in the inexperienced coach. No previous experience of teaching or playing the game is necessary, though most participants have a very basic knowledge of the game. It will explain basic skills and ways of practising them, simple strategies for team play, as well as the Rules and the way the school game is umpired. It aims to equip the novice coach with everything necessary to coach and umpire school Netball with confidence.

- Imaginative warm ups for young players
- Development of passing skills
- Footwork and passing drills
- Man to man defence
- Developing unit and full court attack
- Basic rules and umpiring

#### DATES & VENUES

FRIDAY 23 JUNE **Rugby School, Warwickshire**

TUESDAY 14 NOVEMBER **Thames Valley Athletics Centre, Berkshire**

FRIDAY 17 NOVEMBER **Haileybury, Hertfordshire**

MONDAY 20 NOVEMBER **Uppingham School, Leicestershire**

MONDAY 4 DECEMBER **Bloxham School, Oxfordshire**



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## NETBALL



## Eleventh Annual National Netball Conference

### MONDAY 4 DECEMBER VENUE TO BE ANNOUNCED

with Sue Gaudion, Australian Institute of Sport  
Additional sessions by Tracey Neville MBE, England Head Coach



### Sue Gaudion

Sue Gaudion was the Head Coach of the Australian Institute of Sport Netball Programme, achieving extraordinary results with the country's young players. She also coached Australia U-21, was Head Coach of Singapore at the 1999 World Cup and was in charge of the West Coast Fever team in the ANZ Championship. She is now a TV pundit.



#### PRICE & CONFERENCE INFORMATION

1 PLACE **£175**    2 PLACES **£295**    4 PLACES **£495**

Conference runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## Umpiring School Netball

### NEW COURSE FORMAT

This programme aims to develop confidence in novice, or inexperienced, umpires who are required to officiate school Netball. It will ensure that teachers are familiar with the Rules, but also how they can be applied in the context of school games to help create a flowing game. This is a new, three hour, course. It consists of two hours of classroom based learning, plus an hour of practical application. It also considers how the Rules can be applied sensitively to young players and lower ability games, to allow play to flow, and maximise player enjoyment and development.

- Major rules and penalties
- Use of the whistle
- Umpire signals, communication and positioning
- Applying advantage
- Effective umpiring at school levels
- Scoring the match
- Prioritising at different age groups
- Interpreting difficult situations

#### DATES & VENUES

MONDAY 19 JUNE	King's Ely School, Cambridgeshire
FRIDAY 24 NOVEMBER	Rugby School, Warwickshire
MONDAY 27 NOVEMBER	Haileybury, Hertfordshire

#### PRICE AND COURSE INFORMATION FOR UMPIRING SCHOOL NETBALL

1 PLACE **£75**    2 PLACES **£125**    4 PLACES **£175**

Course runs 1pm – 4pm. Price includes notes and refreshments. Excludes VAT.



## Intermediate Netball Coaching for Teachers

WITH KAREN GREIG,  
MANCHESTER THUNDER HEAD COACH

This is a course for teachers with some experience of Netball, who wish to extend and update their knowledge of the modern game. It is not suitable for beginners. The course will equip coaches with relevant, modern technical material direct from the Superleague game, to enable them to be confident that their sessions are contemporary and inspiring.

- Developing Netball-specific speed and agility
- Developing options in attack
- Centre Pass attack
- Creating crucial intercepts
- Successful through court play

#### DATES & VENUES

WEDNESDAY 12 JULY	St Helen and St Katharine, Oxfordshire
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### Karen Greig

Karen Greig is the current Head Coach of Manchester Thunder. She is a former captain and Superleague winner with the same team. She won 40 England caps as a Goal Shooter, and was Assistant Coach of the full England team on their 2015 tour of Australia.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175**    2 PLACES **£295**    4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## HOCKEY

### Coaching Mini Hockey/ In2Hockey

This is a specialist course for those coaching the 7-a-side game at Under 13 and below. This programme lays emphasis on developing a sound foundation of basic skills and tactical awareness in young players. Practices and games develop skills into effective team play. The balance between development and competitive success is addressed through tactics and strategies necessary to create winning teams.

- 1v1 elimination skills
- Passing on the reverse and the open stick
- The place of 3d skills
- Developing the Backhand
- Out letting from 16 yard hits
- Penalty Corners attack and defence
- Tactical Implications of the new rules
- Coaching the technical areas: self pass, free hit, penalty corner
- Formations for the 7-a-side game
- Games based practices

#### DATES & VENUES

TUESDAY 6 JUNE	Surrey Sports Park, Surrey
FRIDAY 13 OCTOBER	Uppingham School, Leicestershire
MONDAY 16 OCTOBER	Bloxham School, Oxfordshire

#### David Beckett

Dave Beckett is a GB and England Hockey player. He has made international appearances in both the indoor and outdoor game. He plays in the Men's Premier League for Surbiton HC. He is a Loughborough graduate, who has coached the game in schools of all types and works extensively with players, coaches and teachers of all levels of experience.



### Intermediate Hockey

WITH GLENN KIRKHAM

This is a course for teachers with some experience of teaching and coaching Hockey, who wish to update their technical knowledge and develop their confidence that their session content reflects current best practice in the game. It will cover all individual and team skills, as well as basic strategies to enhance tactics and team play.

- Individual attacking and defending skills
- Attacking penalty corner skills and moves
- Reverse stick play
- Ideas for creative small sided game play
- Goal scoring
- Different styles of team defence (including video footage)

#### DATES & VENUES

WEDNESDAY 12 JULY	Abingdon School, Oxfordshire
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#### Glenn Kirkham

Glenn Kirkham played for England and Great Britain over 200 times in an 11-year career, which included the 2008 and 2012 Olympic Games. He was England captain in 2006-7. He won a gold medal in the European Championships and silver in the Champions Trophy, and has won every honour available in domestic Hockey, both indoors and outdoors.



### An Introduction to Hockey Coaching and Umpiring

This is a course for teachers with little recent experience of the game, or who are going to be coaching hockey for the first time. It will explain skills and strategies, and provide practices and games to develop these. Simple tactics at the penalty corner will be explained and demonstrated, equipping teachers to deliver sessions and umpire practices and school matches with confidence.

#### COACHING

- Introducing and developing core skills
- Pushing, slapping and hitting
- Individual and team defence
- Basic penalty corner strategies
- Small sided games for skill development
- Playing formations

#### UMPIRING

- Basic rules for the school game
- Creating and applying advantage
- Communication: whistle, signal and voice
- Umpiring the self pass
- New rules at the Long Corner
- Understanding the Penalty Corner

#### DATES & VENUES

FRIDAY 16 JUNE	Hertfordshire Sports Village, Hertfordshire
MONDAY 26 JUNE	Surbiton Hockey Club, Surrey
FRIDAY 29 SEPTEMBER	Southgate Hockey Club, Hertfordshire
FRIDAY 6 OCTOBER	Bloxham School, Oxfordshire
THURSDAY 12 OCTOBER	East Grinstead, West Sussex
MONDAY 13 NOVEMBER	Uppingham School, Leicestershire

#### PRICE AND COURSE INFORMATION

1 PLACE **£175**    2 PLACES **£295**    4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## RECRUIT GRADUATE COACHES



Enhance your coaching programme with enthusiastic and well qualified graduate assistants. High quality coaches are available to work in schools on a resident or non-resident basis. Many have top quality playing and coaching experience, and make a wide contribution to school life

We have more than twelve years' experience working with schools to recruit graduate assistants. Many go on to complete teacher training in post. Our relationships with leading universities, National Governing Bodies and professional sports organisations provide access to the highest quality people.

**All recruitment is on a no appointment, no fee basis; you have nothing to lose.**

**CALL FOR A NO OBLIGATION DISCUSSION OF POSSIBILITIES**

**Contact Daniel Scargill, Recruitment Manager**  
 TELEPHONE **015395 60060** MOBILE **07500 701 878**  
 EMAIL **daniel@independentcoachededucation.co.uk**



## HOCKEY



## Hockey Coaching Masterclass

### DEVELOPING EFFECTIVE TEAM PLAY

with Jason Lee, Former GB Head Coach

This course is intended for teachers and school coaches who wish to update their tactical and technical knowledge, understand modern approaches to coaching and ways to develop young players and school teams whilst also giving an insight into the elite game.

Former Olympic player and coach Jason Lee will lead participants through ways of improving young players on an individual and unit level. The aim is to ensure engagement with the game, progress for all players and successful school teams.

The course is interactive and each session will reflect the needs and experience of the participants. It is expected that those attending may have a good initial understanding of hockey, as well as a desire to learn how to apply strategies from the top level of modern Hockey to the school game.

- Developing technical skills.
- Developing game sense and tactical awareness.
- Tactical adjustments to new rules.
- Playing systems and styles
- Team attack and defence principles and how to develop them.
- Applying different pressing techniques
- Coaching styles, planning and observation.
- How to have fun and develop at the same time!

### Jason Lee

Jason Lee was coach of the GB Men's side for a record 11 years, including three Olympic Games. After London 2012, he stood down from the Men's side to become Head Coach of the Women's team. He was previously an international player, with more than 80 caps for England, as well as representing GB in the Olympics. He was inducted into Loughborough University's Sporting Hall of Fame and is a member of UK Sport's Elite Coach Alumni.



### DATES & VENUES

FRIDAY 23 JUNE	RGS Worcester, Worcestershire
THURSDAY 16 NOVEMBER	Tilsley Park, Oxfordshire
FRIDAY 17 NOVEMBER	Marlborough College, Wiltshire
FRIDAY 9 FEBRUARY 2018	Southgate HC, Hertfordshire

### PRICE AND MASTERCLASS INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## LACROSSE

## English Lacrosse Association Teachers' Coaching and Umpiring Award

This is a new National Governing Body certificated course for teachers. It is intended to support the delivery of Lacrosse in schools. No previous experience of teaching or playing the game is necessary: it is suitable for those who are delivering Lacrosse for the first time. The course explains the basic skills, how to practise and progress them, fundamental strategies for team play, as well as the basic rules and how to umpire Lacrosse. It aims to provide the inexperienced coach with the confidence to coach and umpire school Lacrosse. The course is certificated by English Lacrosse Association.



- Imaginative and appropriate warm up for young players
- Development and progression of basic skills: catching, passing, cooping
- Building individual attack and defence
- Transferring skills and understanding from other team sports
- Progression from individual skills to unit strategy in attack and defence
- Games, practices and drills to develop essential Lacrosse skills
- Basic rules and umpiring in school games

### DATES & VENUES

FRIDAY 6 OCTOBER St Helen and St Katharine, Oxfordshire

### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Course runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## Recruit Resident Lacrosse Coaches

In partnership with English Lacrosse, we are able to offer a recruitment service for schools wishing to appoint coaches on short term contracts. These are typically new graduates from UK universities, which means that they can be interviewed in England and there are no visa issues. All appointed coaches will have been trained in coaching and umpiring by English Lacrosse prior to appointment.

Contact Dan Scargill,  
Recruitment Manager to discuss  
your requirements  
[dan@independentcoacheducation.co.uk](mailto:dan@independentcoacheducation.co.uk)

## SOCCER

### Refereeing School Soccer

WITH IAN BLANCHARD,  
PREMIER LEAGUE REFEREE AND  
FA HEAD OF GRASSROOTS REFEREES

Refereeing Soccer can be a daunting experience for inexperienced teachers. A range of technical and personal skills are required to maintain a free-flowing and good tempered game. Drawing on his experience officiating at all levels of the game, Ian Blanchard will explain and illustrate the laws, but – more importantly – how the game can be managed at school level. The course combines theory and practical, and aims to instill confidence in teachers who are required to referee school games with little or no experience.

- Interpreting and applying the Laws of the game
- Improving the match experience for all players
- Effective and accurate decision making
- Game management strategies
- Positioning for effective decision making
- Foul recognition and offside
- Contributing to a positive match experience

#### DATES & VENUES

THURSDAY 12 OCTOBER **Hertfordshire Sports Village, Hertfordshire**

#### Ian Blanchard

Ian Blanchard was the FA Head of Grassroots Referees, in charge of the development and training of officials for the recreational game. In this capacity, he has delivered referee education in more than 30 countries. He was appointed as a Premier League referee in 1992, and had a long career as one of the game's top officials.



#### Dave Clarke

As Head Coach of Soccer Coach Weekly, David Clarke provides thousands of subscribers worldwide with drills, insight, interviews and webinars covering all aspects of coaching. Soccer Coach Weekly is now in its 10th season with over 500 issues produced.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



### Coaching School Soccer

WITH DAVE CLARKE

This course is aimed at teachers with an interest in Soccer, who wish to develop their coaching to provide their players with a better experience. A range of technical material and imaginative practices will allow inexperienced coaches to develop confidence in their delivery, and exciting sessions for players of all ages and abilities. Coaches will be equipped with a wide range of practices and games to enable them to develop a full skill set in their players.

- Ball Control
- Passing, receiving, controlling and dribbling
- Essential attacking skills
- Attacking the opposition goal through passing and dribbling
- Support play
- Goal scoring
- Individual and team defence
- Team transition on possession turnover
- Pressing and blocking
- Warm ups and small sided games

#### DATES & VENUES

TUESDAY 11 JULY **Abingdon School, Oxfordshire**

### Advanced Soccer Coaching

WITH DAVE CLARKE

This is a course for teachers who have experience of coaching Soccer, and want to update their technical knowledge to improve the competitive performance of their teams. It will feature a range of advanced practices and team strategies. Content will reflect current coaching at the top level of the game, and equip teachers to deliver the most contemporary material to their team players.

- Passing and dribbling with purpose
- Passing techniques for different ranges and purposes
- Receiving, controlling, dribbling and shooting under pressure
- Advanced defensive skills for units and individuals
- Recovery, reading danger, support, cover and communication
- Team shape in attack
- Building play from the back, and through the thirds
- Pressing a unit

#### DATES & VENUES

WEDNESDAY 12 JULY **Abingdon School, Oxfordshire**

## OUTDOOR EDUCATION

### Sixth Annual Conference for Leaders of Outdoor Education

Friday 9 June **The National Mountain Centre, Plas-y-Brenin, North Wales**

- **Adventure Intelligence: the role of the expedition in education with Martin Chester, former Director of training at Plas-y-Brenin**
- **Exploring Mindset through outdoor learning with Kate O'Brien, Outward Bound Trust**
- **Outdoor Education Advisors' Panel: a time of change with Dave Scourfield, Chairman**
- **Developments in rock climbing for school programmes with Iain McKenzie, Technical Officer, NICAS**
- **Choice of afternoon practical sessions**



## BADMINTON

### Dynamic Badminton Coaching and Teaching

Inspection reports reveal that Badminton lessons can be predictable and effective. This is an opportunity for teacher to modernise and upgrade their lesson content. It will provide material for varied and exciting lessons, which enable children to demonstrate progress. Stimulating practices will provide a range of session content suitable for all teachers, including those with limited court space. Tactics for match play will also be introduced, making the course suitable for those who coach school teams. Contains all lesson content necessary to achieve top bands in GCSE.

- Modern Badminton techniques
- Practices, drills and games for skill development
- Building variety in the serve
- Moving the opponent around the court
- Lively practices for large groups
- Team play in doubles
- Improving tactics for match play

#### DATES & VENUES

FRIDAY 9 JUNE	National Badminton Centre Milton Keynes, Buckinghamshire
TUESDAY 11 JULY	Abingdon, Oxfordshire

#### Lee Clapham

Lee Clapham is an international Badminton player, who has represented England at all levels. He is coach of the England Under 17 Elite Junior International players, as part of the World Class Start programme.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## SEMINARS

### Educational Visit Coordinator Training Seminars

This seminar is aimed at Educational Visit Coordinators, or other teachers with a significant part of that role (Directors of Sport, Heads of Outdoor Education). The focus will principally be upon potentially hazardous activities, such as sports fixtures and tours, ski trips, outdoor education and cultural visits overseas. It will look at the special responsibilities incurred by residential trips. The course is based on the National Guidance produced by the Outdoor Education Advisers' Panel.

Adopting National Guidance removes the need for each employer or establishment to write and maintain their own comprehensive guidance and gives users easy access to regularly updated and nationally recognised guidance. The content of this guidance is in line with advice from the Health and Safety Executive. It is also endorsed by the National Association of Head Teachers. Courses are delivered by experienced tutors approved by OEAP.

- Educational Visit Coordinator Training
- The role and responsibilities of the EVC and Visit Leader
- Consideration of resources (HSE, AALA, OEAP)
- Sports and cultural tours - hosting arrangements
- Legal perspectives
- Resources and information for the EVC to provide Visit Leader training
- Risk benefit analysis and management
- Awareness of recent incidents
- Preparing for Inspection
- School policy documentation
- Transport issues and minibuses
- Outdoor expeditions
- Contracting to Third Parties
- Staff to Pupil Ratios
- Emergency Procedures
- Assessing competency of leaders and assistants

#### DATES & VENUES

FRIDAY 9 JUNE	Central London
FRIDAY 30 JUNE	Liverpool City Centre, Merseyside
MONDAY 10 JULY	Abingdon School, Oxfordshire
FRIDAY 1 DECEMBER	Central London



### Using Apps in Teaching PE and Coaching Sport with Adam Llevo

Technology is becoming an ever-bigger part of PE teaching and games coaching. It is recognised by inspectors as a key ingredient of Outstanding teaching. The iPad is the most accessible device for this, being readily available, student friendly and easily adapted through an ever-developing range of apps. This will be a classroom and practical session, in which delegates will use apps in both settings to observe how they can enhance teaching and learning.

(Participants will be expected to bring their own smart device; a list of cross platform apps will be sent prior to the course)

- Showing performance and progress
- Effective and simple video analysis
- Using apps to enhance curriculum delivery
- Enhancing assessment
- Increasing learning effectiveness
- Improving teaching and coaching resources

#### DATES & VENUES

WEDNESDAY 12 JULY	Abingdon, Oxfordshire
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#### Adam Llevo

Adam has spent several years working overseas as an Athletic Director in Asia. His student-centered and innovative teaching philosophy helps drive his overall program. He has presented at a number of conferences across the world sharing his love of physical education and meaningful technology to educators from all subjects, not just PE.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## EARLY BOOKING DISCOUNT

**BOOK ANY AUTUMN TERM EVENT BEFORE THE END OF JUNE FOR A 10% DISCOUNT**

Cannot be combined with other discount offers

## WATER POLO

### Coaching School Water Polo

This course will provide knowledge and understanding of fundamentals in Water Polo. The course includes swimming drills as well as practices to improve technique in passing and shooting. The course will also cover Rules of the game, plus tactical considerations, with the aim of giving teachers confidence to teach and coach the game in schools.

- Mini Water Polo
- Polo Fundamentals
- Passing and shooting drills
- Game scenario drills
- Man Up/ Man Down
- Boys v Girls Water Polo
- Clarifying rules and adaptations

#### DATES & VENUES

WEDNESDAY 12 JULY Abingdon School, Oxfordshire

#### Dariusz Kadziak

Dariusz Kadziak is Head of Aquatics at Highgate School as well as head coach for Camden Water Polo Club and Kings University Water Polo Team. He has coached medal winning teams in youth and student Water Polo for ten years. He was previously an international player, representing Poland for six years, including two appearances in the European Championships.



#### PRICE AND COURSE INFORMATION

1 PLACE £175 2 PLACES £295 4 PLACES £495

Course runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## SWIMMING

### Teaching Contemporary Swimming in Schools

This course is suitable for teachers of curriculum Swimming lessons who wish to update their subject knowledge and make lessons more relevant, varied and effective. Each stroke will be analysed, and developed through interesting drills and practices. This will ensure progress with every dimension of each stroke. By breaking down all the components that are essential to intermediate swimming, this course will highlight what makes each stroke as efficient as possible; which is the vital base every swimmer needs to improve, get faster, and enjoy watermanship.

- Basic aquatic skills
- Technique of the major strokes
- Practices to ensure student progress
- Improving starts (from poolside and blocks)
- Progressive teaching of turns & tumble turns
- Benefits of swimming aids

#### DATES & VENUES

THURSDAY 8 JUNE	Sedbergh School, Cumbria
MONDAY 10 JULY:	Abingdon School, Oxfordshire
MONDAY 13 NOVEMBER	Hurstpierpoint College, West Sussex
MONDAY 15 JANUARY 2018	King Henry VIII School, West Midlands

#### Joe Roebuck

Joe Roebuck competed in three events in the 2012 London Olympics. He competed in the Commonwealth Games of Delhi and Glasgow, winning two Silver medals. He is a ten time British champion, and holds both British and Commonwealth records.



#### Amy SMith

Amy Smith competed in the 2012 London Olympics in the 50m freestyle. She has competed in three Commonwealth Games, winning silver medals in each. She is European Championships Gold medallist and World Championships finalist.



#### PRICE AND COURSE INFORMATION

1 PLACE £175 2 PLACES £295 4 PLACES £495

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



### STA Pool Safety Award for Teachers

WITH SUSAN CLARK

Holders of the Safety Award for Teachers are capable in pool rescue, first aid, adult, child and infant CPR techniques. Holders will be competent to deal with poolside emergencies in accordance with the HSE publication "Managing Health and Safety in Swimming Pools".

- The qualification is valid for 2 years.
- Understanding the Pool Safety Operating Procedures
- Knowing how and being able to administer basic life support in a swimming pool environment
- Knowing how and being able to administer first aid in a swimming pool environment
- Being able to perform basic rescue skills in a swimming pool environment
- Knowing how to respond to a swimming pool emergency situation
- Understanding the importance of recording, reporting and analysing swimming pool emergency situations
- Assessment Method: Complete a portfolio and worksheet questions to the satisfaction of the course tutor

#### DATES & VENUES

TUESDAY 11 JULY Abingdon School, Oxfordshire



## KEY STAGE ONE AND TWO PHYSICAL EDUCATION

### Early Years and Key Stage One: Fundamental Physical Literacy for 4-7 Year Olds

This introductory course is aimed at both specialist and non-specialist teachers. It will provide a coherent programme of physical development activities from Reception to the end of Key Stage One. It will present a range of basic movement activities which help children create the building blocks for increasingly complex movements leading to games skills. Teachers will be introduced to the cognitive factors that link basic movements to bring about adaptability and creativity.

- Developmental movement play
- Creating an environment for free flow, child led, spontaneous movement play whilst building the confidence to move on to the next phase.
- Basic movement competence
- Developing agility, balance and coordination through a basic movement framework including locomotion, object control and stability

#### DATES & VENUES

TUESDAY 11 JULY	Abingdon School, Oxfordshire with <i>Kate Thornton-Bousfield</i>
TUESDAY 21 NOVEMBER	Hertfordshire Sports Village, Hertfordshire
FRIDAY 26 JANUARY 2018	Rugby School, Warwickshire

#### Caroline Park

Caroline Park worked with nurseries in Gloucestershire, developing Child Movement programmes. She has been in charge of developing the Early Years physical literacy provision at several schools, and is currently Head of PE at Cumnor House School.



#### KATE THORNTON-BOUSFIELD

Kate Thornton-Bousfield is the Strategic Lead for Primary PE at Youth Sport Trust. She taught in schools for 13 years, and was a Director of Specialism, Head of PE and Senior Manager in charge of Teaching and Learning.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



### Creative Games Teaching for Key Stage Two – 7-11 Year Olds

This is a course for teachers who wish to embrace a new, relevant and effective approach to teaching games at Key Stage Two. It acknowledges the growing appreciation of the need to engage this age group in positive early physical experiences, which the “skills and drills” approach struggles to achieve. This practical seminar looks at a range of other teaching approaches and curriculum content in order to ensure progress for all pupils, whilst still promoting excellence and achievement.

- Teaching exercise principles through games – the distraction theory
- Teaching games for understanding – adapted to this age group
- Tactical games and play practice models
- Fundamental movement skills
- Pupil designed games
- Step principles (space, time, equipment, people)

#### DATES & VENUES

WEDNESDAY 12 JULY	Abingdon School, Oxfordshire with <i>Kate Thornton-Bousfield</i>
TUESDAY 7 NOVEMBER	Thames Valley Athletics Centre, Berkshire

### Conference of Early Years and Key Stage One PE

Friday 17 November  
Surrey Sports Park, Guildford

World leading presenters in the field of developmental physical activity will combine to deliver an industry leading programme. This will allow teachers to adopt recognised best practices, to provide exciting and challenging experiences for all children at these vital stages.



## GCSE PE

### Edexcel GCSE PE Presenting, Assessing and Moderating Coursework

WITH **STEVE ROSIER**,  
PRINCIPAL MODERATOR

This course is aimed at all teachers involved in the delivery of the new specification of GCSE PE. It will look at how student marks can be maximised on both the practical and theoretical dimensions, and in both coursework and examination.

- Outline of new specification and areas of difference
- New grading and marking policies
- Maximising practical performance
- Marking and banding practical work
- PEP: making the most of this opportunity
- Standard assessment materials
- Approaching the Extended Question
- New assessment systems

#### DATES & VENUES

TUESDAY 6 JUNE	Central London
TUESDAY 11 JULY	Abingdon, Oxfordshire
FRIDAY 10 NOVEMBER	Birmingham

#### STEVE ROSIER

Steve has been recently appointed as Principal Moderator for Edexcel GCSE PE. He is involved in guiding the work of examiners and moderators and advising teachers on grading coursework. He is also the Principal Moderator of the PEP and assists with coursework moderation and paper setting at a national level. He has a long experience of both teaching and examining Edexcel PE at both GCSE and A Level.



#### PRICE AND COURSE INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Course runs 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.



## GYMNASTICS

### British Gymnastics Courses for Teachers



#### Introductory Level

##### TEACHING GYMNASTICS TO KEY STAGE TWO (7–11 YEAR OLDS)

This course is a practical introduction to teaching Gymnastics and is designed for teachers working with children at Key Stages One and Two. The course is certified by British Gymnastics, as Introductory Level Gymnastics. It is regarded as the required qualification for teaching Gymnastics to primary age pupils. No previous experience is required, neither is it necessary to be a qualified teacher, nor a PE teacher.

For teachers with experience of teaching Gymnastics, the 2-day Intermediate course is advised.

- **Introduction: Warm up and Shapes**
- **Connection Skills: stepping, spinning, jumps, turns, leaps and cartwheel**
- **Rollings Skills: log, egg, side, forward, backward, teddy bear**
- **Balance: points and patches, including headstand and handstand**
- **Hand apparatus: hoops, balls and ropes**
- **Partner Balances: working with partner and small groups**

#### DATES & VENUES

TUESDAY 14 NOVEMBER	Salford Gymnastics Centre, Greater Manchester
THURSDAY 30 NOVEMBER	Bromley Valley Gymnastics Centre, Kent
TUESDAY 5 DECEMBER	Guildford Spectrum, Surrey

#### PRICE AND COURSE INFORMATION

ONE DAY COURSE **£175**

Course runs 9.30am – 4pm. Includes lunch, refreshments, British Gymnastics resource pack and certification.

#### Gary Kirby

Gary Kirby is an International Performance Coach, and has coached Olympic and World Championships medallists. He was appointed men's Technical Director at the 2002 Commonwealth Games. He was Gymnastics Development Officer for Liverpool, and runs PGCE and QTS Courses at Liverpool John Moores University. He was one of Britain's leading Gymnastics judges, having officiated at Olympic, World and European Championships and two Commonwealth Games. He is a British Gymnastics Accredited Tutor.



IN ASSOCIATION WITH

**British Gymnastics**  
More than a sport.

#### Intermediate Level

##### SKILLS FOR SECONDARY SCHOOLS

This is a course for secondary teachers, and qualifies them to teach skills appropriate for Key Stages 3 and 4. Basic movements are developed into gymnastic skills on the floor and apparatus, with a constant emphasis on safe practice. This is suitable for teachers delivering Gymnastics to GCSE.

This two day course is a British Gymnastics accredited Award, and is available to all teachers and Adults other than Teachers (AOTTs) who work in schools. It meets all Local Authority and Academy Chain requirements for the teaching of gymnastics in schools. All courses are delivered by BG qualified and approved Tutors, and include the Governing Body's extensive resource pack.

- **Body Management**
- **Basic floor skills part one**
- **Basic floor skills part two**
- **Flight (including rebound)**
- **Acrobatic gymnastics**
- **Partner/rhythmic gym**
- **General principles of support**

#### DATES & VENUES

THURS/FRI 15/16 JUNE	Bromley Valley Gymnastics Centre, Kent
MON/TUES 19/20 JUNE	Guildford Spectrum, Surrey
MON/TUES 10/11 JULY	Salford Gymnastics Centre, Greater Manchester
TUE/WED 11/12 JULY	St Helen and St Katharine, Oxfordshire
MON/TUE 9/10 OCTOBER	Guildford Spectrum, Surrey
MON/TUE 6/7 NOVEMBER	Salford Gymnastics Centre, Greater Manchester
THUR/FRI 14/15 DECEMBER	Bromley Valley Gymnastics Centre, Kent

#### PRICE AND COURSE INFORMATION

TWO DAY COURSE **£325**

Course runs 9.30am – 4pm each day. Includes lunch, refreshments, British Gymnastics resource pack and certification.



## TRAMPOLINING

### British Gymnastics Teachers' Award for Trampolining: Level One

This qualification is only available to PE teachers (including those trained abroad) and to qualifying students (PGCE or SCITT).

IN ASSOCIATION WITH  
**British Gymnastics**  
More than a sport.

A DFES number is required at registration. Completion of the Award is recognised by Local Authorities and Governing Bodies as a qualification to teach the relevant skills in schools. Level One qualifies teachers to handle trampolines safely, and to teach basic skills up to, but excluding, somersaults.

All courses are delivered by BG qualified and approved Tutors, and include the Governing Body's extensive resource pack.

- **Safe handling of trampolines**
- **Safe coaching practices**
- **Principles of jump, rotation, twist and shape**
- **Jumping, stopping and shaped jumps**
- **Half and full twist**
- **Seat, hand and knees landings**
- **Twisting skills**
- **Half twist to front, back feet and seat landings**
- **Swivel hips**
- **Linking skills**

#### DATES & VENUES

MON/TUES 24/25 APRIL	Surrey Sports Park, Surrey
MON/TUES 3/4 JULY	City of Salford Trampolining Club, Greater Manchester
MON/TUES 3/4 JULY	Surrey Sports Park, Surrey
MON/TUES 10/11 JULY	St Helen and St Katharine, Oxfordshire
MON/TUES 25/26 SEPTEMBER	Surrey Sports Park, Surrey
THU/FRI 28/29 SEPTEMBER	City of Salford Trampolining Club, Greater Manchester

#### PRICE AND COURSE INFORMATION

TWO DAY COURSE **£325**

Course runs 9.30am – 4pm each day. Includes lunch, refreshments, British Gymnastics resource pack and certification.

**British Gymnastics**  
More than a sport.

**British Gymnastics qualification courses can be delivered as INSET sessions for schools and groups of schools**

**Call 015395 60060 for details**

## TRAMPOLINING



### British Gymnastics Teachers' Award for Trampolining: Level Two

The Level Two Award course is only available to holders of Level One. It includes more complex skills, notably various forms of somersaults, and covers the top bands of GCSE work. This Award is recognised as qualifying teachers to teach these skills, and the moves required for both competitions and top exam practical grades. Suitable for teachers of Key Stages 3, 4 and 5.



- Equipment management
- Approved spotting techniques
- Coaching Skills
- Individual trampoline skills
- Straight jumping and stopping
- Shaped jumps
- Half and full twist jumps
- Landings of all types
- Seat, front and back landings – tucked, piked and straight
- Rotations
- Simple and complex twisting skills
- Developing front and back somersaults
- Front and back somersaults tucked and piked
- Straight back somersault
- Linking Skills
- Judging and Scoring

#### DATES & VENUES

MON/TUES 26/27 JUNE	Surrey Sports Park, Surrey
MON/TUES 17/18 JULY	City of Salford Trampolining Club, Greater Manchester
MON/TUES 30/31 OCTOBER	City of Salford Trampolining Club, Greater Manchester

#### PRICE AND COURSE INFORMATION

TWO DAY COURSE **£325**

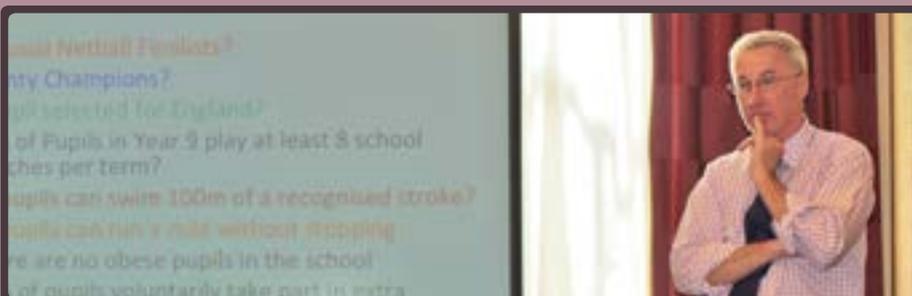
Course runs 9.30am – 4pm each day. Includes lunch, refreshments, British Gymnastics resource pack and certification.

#### John Beer

John Beer was an International trampolinist before taking up a coaching career which produced two World and European Individual & Synchronised Champions. He was formerly Technical Director of British Gymnastics, National Trampoline Coach, and Great Britain coach at three Olympic Games. John coached recent Rio Olympians Nathan Bailey & silver medal winning Bryony Page.



## SEMINARS FOR INDEPENDENT SCHOOLS



### The Director of Sport in an Independent School

This is a long running and popular seminar, which is intended for recently appointed Directors of Sport, and those who intend to apply for these roles in the near future. It has recently been entirely updated to reflect changes in the landscape of school sport, and the challenges facing Directors of Sport across the sector. It also addresses what schools are looking for from their appointments – both at interview and in post. The course seeks to clarify the success criteria of the role, and illustrate how a leadership approach enables the Director of Sport to achieve more. Through consideration of the issues surrounding independent school sport, it encourages individuals to be clear about what they believe, and what they can offer to a school. It also suggests how candidates for jobs can strengthen their applications.

- Becoming a leader
- Leadership, management and administration
- Establishing aims and goals
- Building structures and systems
- Satisfying parental expectations
- Dealing with difficult colleagues
- Creating the games programme
- Participation v performance
- Choice v compulsion
- Quality and equality
- Working with head and bursar
- How to avoid a nervous breakdown

#### DATES & VENUES

MONDAY 19 JUNE	Central London
THURSDAY 22 JUNE	Bristol
TUESDAY 21 NOVEMBER	Manchester
FRIDAY 24 NOVEMBER	Oxford

### Dealing with Parents in School Sport

Throughout the world, Directors of Sport identify relationships with parents as the most demanding dimension of their role. This new course is aimed at helping them to cope with the requirements and aspirations of all types of parents in independent schools. It will look at strategies for communication, and for managing expectations. It will also consider how modern science can be used to educate parents of the benefits of sport and physical activity for children of all levels of sporting ability.

- Taking the lead in parental relationships
- Communicating the success criteria
- Managing expectation and entitlement
- The tricky issue of team selection
- Performance and participation
- Talent development and early specialisation
- Touchline behaviour and encouragement
- Maintaining proactive communications
- Dealing with difficult parents
- Exams v summer term sport
- Resolving conflict
- Encouraging partnerships



#### PRICE AND SEMINAR INFORMATION

1 PLACE **£175** 2 PLACES **£295** 4 PLACES **£495**

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

#### DATES & VENUES

WEDNESDAY 12 JULY	Abingdon School
MONDAY 27 NOVEMBER:	Oxford

## SEMINARS FOR INDEPENDENT SCHOOLS



## Developing and Managing a School Sports Scholarship Programme

### ESTABLISH, DEVELOP AND IMPROVE YOUR PROGRAMME

Sports Awards have grown enormously in popularity and scale in recent years. They have become the norm for a great number of schools, and created a very competitive marketplace. The most able pupils are in great demand, and are often considering several possible schools. There is, however, a wide range in quality of operating procedures, and in the effectiveness of these programmes. This seminar looks at the entire process of building an industry leading Award programme, encouraging applications, running a selection mechanism based on the science of talent identification and then optimising the contribution of Award holders once they are in the school.

This seminar is intended for schools who currently operate an Award programme, but wish to improve its impact – as well as those seeking to establish one for the first time.

- What are you trying to achieve?
- Advantages and disadvantages of sports awards
- Overcoming objections
- What are you offering?
- Promoting your awards
- Finding candidates: beating the competition
- How many candidates should you have?
- Generating publicity materials
- Communicating with parents
- Running the selection process
- What does science say about Talent Identification?
- Managing disappointment
- Optimising contribution and developing award holders
- The Award programme in the school

### DATES & VENUES

TUESDAY 10 OCTOBER Oxford, Oxfordshire

## Becoming a Director of Rugby in Independent Schools

The landscape of school Rugby has never been more complex. Recent high profile concerns about the dangers of injury and concussion have challenged the assumption that participation should be compulsory, and the game in schools is under unprecedented pressure. Schools therefore require Rugby to have strong, visionary and sensitive leadership, which is why the role of Director/Head of Rugby is becoming more commonplace. However, it is now more challenging than ever before, and being a great player or coach is no longer sufficient preparation. This course is aimed at teachers who have been recently appointed to this position, or who aspire to achieve this in the future. It is intended to help build a stimulating and successful programme of Rugby for pupils of all abilities. Defining the role and its expectations

- Defining the role and its expectations
- Director of Rugby – or Head Coach?
- Leading the school Rugby programme
- Dealing with the compulsory Rugby issue
- Addressing safety concerns with science
- Communicating benefits to parents and staff
- Establishing priorities and measuring success
- Making the rugby experience engaging?
- The place of non-contact Rugby
- Building a stimulating Rugby programme
- Leading staff, pupils, parents and heads
- Managing expectations
- Sports scholarships: advantages and disadvantages
- Creating and championing a coaching philosophy
- Coaching philosophy, playing philosophy – or both?
- Director of Rugby as an ambassador for the game

### DATES & VENUES

MONDAY 12 JUNE Hilton Newbury North, Berkshire

FRIDAY 13 OCTOBER North London

## The Experienced Director of Sport: Meeting Contemporary Issues and Challenges

The role of Director of Sport has changed significantly in recent years, with additional pressures and priorities. This is a seminar for experienced Directors of Sport, and gives them a chance to reflect on new approaches to the difficult issues which they face. It considers trends in school sport, and how schools might adapt to face these it will also provide an opportunity to share views and experiences, and look to the future of school sport.

- What does recent research tell us about school sport?
- Trends and pressures
- What will the future look like?
- Replacing compulsion with culture
- Addressing safety concerns with science
- Exchanging features for benefits
- Establishing high performance programmes
- Inclusivity and democracy
- Considering the future of summer term games
- Engaging the less able
- Building a culture of health and fitness
- Quality controlling standards
- Meeting parental demand
- Working with head and Bursar
- Communicating benefits to parents
- Managing PR and social media

### DATES & VENUES

THURSDAY 15 JUNE Oxford

TUESDAY 11 JULY Abingdon School, Oxfordshire



### Neil Rollings

Neil Rollings was Director of Sport in four HMC schools, over a 21 year. He now works with schools to develop and audit modern sports programmes and with Heads to appoint Directors of Sport. He is a regular conference speaker, influential blogger on school sport issues, and Chairman of PADSIS.



### PRICE AND SEMINAR INFORMATION

1 PLACE £175 2 PLACES £295 4 PLACES £495

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## SEMINARS FOR INDEPENDENT SCHOOLS



### The Director of Sport in a Prep School

The Prep School sector is a unique one. Expectations of sports provision can be considerable, with both parents and heads having extensive demands that can make the job feel impossible. This is a popular new seminar, specifically to address the issues faced by prep schools in sport. With pressures for both inclusivity and competitive success, the Director of Sport faces significant challenges in compiling a programme to meet all expectations. Parents can be intrusive, and resources often limited. This course addresses the practical issues faced by teachers in charge of prep school sport, and considers possible strategies and solutions.

- The Director of Sport in a Prep School
- What are the success criteria of prep school sport?
- The Director of Sport as a 360-degree leader
- Linking PE programmes with sport
- What does "Sport for All" mean?
- Addressing safety concerns with science
- Stimulating engagement in less able pupils
- Establishing a foundation of physical literacy
- Clarifying and communicating priorities
- Identifying the best competitive programme
- Quality controlling teaching
- Coaching creativity in games
- Performance and participation
- Meeting parental ambition
- Balancing performance with inclusivity
- The six outcome PE and games programme
- Building a communication strategy

#### DATES & VENUES

TUESDAY 20 JUNE	Central London
FRIDAY 23 JUNE	Bristol
THURSDAY 23 NOVEMBER	Central London

### Leading Sport in Small Independent Schools

Sports provision presents a series of unique challenges for the smaller independent school. Parents' expectations of the independent sector can be difficult to satisfy with limited resources. Team games present a challenge with lower numbers. This seminar considers how schools can create and deliver stimulating modern programmes to meet the needs of pupils of all abilities. It is suitable for schools with pupils of all age ranges and for both co-educational and single sex schools.

- Leading Sport in Small Independent Schools
- The challenges of sport in small independent schools
- Managing expectations and considering possibilities
- Meeting asymmetric sector expectations
- Team games and individual activities
- Dealing with mixed abilities
- Front end differentiation
- Creative approaches to competition
- Developing positive personal qualities through sport
- Challenging the most able
- Remedial interventions
- Establishing a culture of health and fitness
- Identifying the benefits of small schools
- The advantages and disadvantages of a weekend programme
- Proactive public relations: managing the website

#### DATES & VENUES

TUESDAY 13 JUNE	Hilton Newbury North, Berkshire
FRIDAY 1 DECEMBER	Oxford, Oxfordshire



### Teacher in Charge of a Sport

This unique Seminar is intended for teachers or coaches who have recently been appointed in charge of a sport in a school – and also for those who are aspiring towards, or applying for, these roles. It will help teachers in charge clarify their understanding of their role and its success criteria, as well as identifying potential triumphs and pitfalls. This is a role which incorporates leadership, management and administration, and can impact significantly on school reputation. It is too important to learn through mistakes!

- What is a teacher in charge trying to achieve?
- Leadership, management and administration
- Adopting an ambassadorial role
- Building culture and reputation
- Communicating with parents and colleagues
- Working with the Head, Bursar and Director of Sport
- Promoting performance and participation
- Building a competition programme
- Developing high performers
- Leading a team of coaches
- Dealing with difficult people
- Contributing to marketing and recruitment

#### DATES & VENUES

FRIDAY 16 JUNE	Central London
TUESDAY 28 NOVEMBER	Guildford
THURSDAY 30 NOVEMBER	Bath

#### PRICE AND SEMINAR INFORMATION

1 PLACE £175    2 PLACES £295    4 PLACES £495

Courses run 10.00am – 3.30pm. Price includes lunch, refreshments and notes. Excludes VAT.

## SIGN UP FOR A FREE PROFESSIONAL NEWSLETTER

The ICE Newsletter is published fortnightly in term time, and is delivered to nearly 14,000 sports teachers and coaches. It provides a range of articles and information on issues surrounding PE and School Sport, helping professionals keep abreast of news, trends and developments

The ICE newsletter is completely FREE – sign up now at [www.independentcoacheducation.co.uk](http://www.independentcoacheducation.co.uk)

# FIFTH ANNUAL PE AND SPORTS COACHING SUMMER CONFERENCE

**Monday to Wednesday, 10–12 July 2017**  
**Abingdon, and St Helen & St Katherine Schools, Oxford**

Once more, this Conference offers a wide range of courses, qualifications and seminars, in the hope of providing something of interest for all teachers. Delegates can attend for between one and three days. This event has always attracted a combination of teachers based in England and those in British style schools overseas. This has usually created an interesting atmosphere for networking and sharing experience.

Once again, accommodation is offered in the heart of Oxford University, at the China Centre on the St Hugh's College campus, a short walk from the historic city centre. This provides the opportunity for combining the conference with the social possibilities of Oxford, including Conference Dinner on the banks of the River Cherwell.



## PROGRAMME

### MONDAY 10 JULY 2017

**British Gymnastics Trampoline Award for Teachers Level One** DAY 1 of 2  
with Steve Moreton

**Teaching Contemporary Swimming in Schools**  
with Joe Roebuck and Amy Smith

**Educational Visit Coordinator Training**  
with Paul Bond

**Becoming a Director of Sport Seminar**  
with Neil Rollings, Chairman, Professional Association of Directors of Sport

### TUESDAY 11 JULY 2017

**British Gymnastics Trampoline Award for Teachers Level One** DAY 2 of 2  
with Steve Moreton

**British Gymnastics Teachers Award: Intermediate Level** DAY 1 of 2  
with Gary Kirby

**STA Pool Safety Award for Teachers**  
with Susan Clark

**RFU Coach Licence for Teachers**  
with Dan Cottrell

**Coaching School Soccer**  
with David Clarke

**Intermediate Hockey**  
with Glenn Kirkham

**The Experienced Director of Sport Seminar**  
with Neil Rollings, Chairman, Professional Association of Directors of Sport

**Early Years and Key Stage One - Developing Physical Literacy in Key Stage One**  
with Kate Thornton – Bousfield, the Strategic Lead for Primary PE at Youth Sport Trust

**Dynamic Badminton Coaching and Teaching**  
with Lee Clapham

**Edexcel GCSE PE Presenting, Assessing and Moderating Coursework**  
with Steve Rosier

### WEDNESDAY 12 JULY 2017

**British Gymnastics Teachers Award: Intermediate Level** DAY 2 of 2  
with Gary Kirby

**Coaching and Teaching Athletics in Schools**  
with Dean Macey, Double Olympian Decathlete

**Coaching Water Polo Teams**  
with Dariusz Kadziak

**Advanced Soccer coaching**  
with David Clarke

**Dealing with Parents in School Sport**  
with Neil Rollings

**Teaching School Dance**  
with Elisha Peart

**Creative Games Teaching in Key Stage Two**  
With Kate Thornton-Bousfield, the Strategic Lead for Primary PE at Youth Sport Trust

**Intermediate Netball Coaching for Teachers**  
with Karen Greig

**Edexcel A Level PE Presenting, Assessing and Moderating Coursework**  
with Steve Rosier

**Using Apps in Teaching PE and Coaching Sport**  
with Adam Lleo

## PRICES

	ONE DAY	TWO DAYS	THREE DAYS
ONE DELEGATE	£179	£299	£399
TWO DELEGATES	£299	£479	£699
BRITISH GYMNASTICS COURSES	£325	Two day course. No reductions, includes certificate and resource.	
CONFERENCE DINNER	£50	7pm, 11 July – Cherwell Boathouse Restaurant	
ACCOMMODATION	£120	Includes transport to and from courses (limited number available).	

Prices exclude VAT.  
For reductions on other combinations please contact us.

BOOK ONLINE [www.independentcoacheducation.co.uk/summerconference](http://www.independentcoacheducation.co.uk/summerconference)